



Sweet & Salty Circle

Winter 2026

Are you double-stuffed *compassion*, sandwiched with *advocacy* and dipped in cheddar flair?



Maybe you're caramel *charisma* with a side of *salty sass*?



Or sweet, crunchy, bold, and *beautifully unique*?



Any combination is welcome!

Join us this Winter session of **Sweet & Salty Circle**, where we'll dive into cookies, candy, chips, and conversation, all through the lens of living with disability.

Sweet & Salty Circle is a fun and fantastic opportunity to **sample new treats and socialize with your peers**. Each month, we'll alternate between sweet and salty themes-- one month it might be cookies and candy, the next it could be chips, pretzels, or other savory surprises!

Using snacks as our conversation piece, we'll explore seasonal flavors while reflecting on our own personal "flavor profiles" as individuals.



Selected Fridays
11 AM - Noon Virtually on Zoom

Registration required.

Contact Anna - anna@dnwml.org to RSVP and get specifics on sweet and salty treat selections for each month.

Each participant will be responsible for purchasing their own treats ahead of each session.

Upcoming Dates

Jan. 23 **Salty**

Feb. 20 **Sweet**

March 20 **Salty**

April 17 **Sweet**