



EMPOWER HOUR

Anyone who identifies as having a disability is welcome to join our peer support group!

We will gather *every other Tuesday* for one hour to connect. Share lived experiences and coping strategies and provide support to each other physically and emotionally, as we all tackle the social challenges that come with having a disability.



Every Other Tuesday
Beginning April 7, 2026
1:00 - 2:00 PM

Disability Network Monroe Office
1070 S Telegraph Rd. Monroe, MI 48161

Interested?

Contact Celleste:
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