



BOCCIA

with Coach Brian

Boccia is a **Paralympic sport** focused on strategy, accuracy, and FUN! The sport was initially designed for people with cerebral palsy, though its adaptive nature and fun-fueled competitiveness has made it popular within the larger disability community and beyond.

Join us, along with **Coach Brian Elliot from University of Michigan Adaptive Sports & Fitness**, to make new friends and try a sport that's enjoyable for everyone!



Wednesdays | 12:30 - 1:30 PM
following Studio Be: Open Studio



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